



# CRUSHED VELVET HEART



You can use any of the Cernit Glamour or Cernit Shiny clays for the mica shift technique. The bolder and deeper the texture mat design the more striking the finished effect will be!

LEVEL: BEGINNER/INTERMEDIATE



*From the studio of*  
*Creative Craftworks*



# CRUSHED VELVET HEART

## Materials needed:

Cernit Shiny Polymer Clay:  
Red (79 584 00)  
Violet (79 589 00)  
Flowers Texture Mat (95 005 05)  
Cernit Knives (79 999 03)  
Cernit Roller (79 999 03)  
Cernit Cutter Set (79 999 07)  
Darning Needle  
Cocktail Stick or Wooden Skewer  
Wet & Dry Sandpaper (95 709 04)  
Cernit Glossy Varnish (79 600 03)  
Baking Parchment & Alcohol  
Ceramic Tile  
Oven and Oven Thermometer

*(Efco Product Codes in Brackets)*



**1** Condition a piece of red clay. Then roll out a sheet approx 2mm thick. Make sure you roller it several times in the same direction to align the mica particles.



**2** Lay the texture mat face down on the clay. Press it into the clay by rolling over the top.



**3** Carefully peel back the mat to reveal the design. Leave it to sit for a minute or two.



**4** Carefully shave off slices of the raised surface with the flexible blade. Take care not to cut too deep.



**5** Condition & roll out an approx. 4mm sheet of violet clay. Lay the red clay on top, cover with a piece of parchment paper & roll to smooth & adhere the clays.



**6** Cut out a heart using the large heart cutter. Pierce a hole through the heart using a darning needle & insert a cocktail stick. Bake following the manufacturer's guide.



**7** Once cool, wet sand the heart to smooth it further, revealing more of the mica shift pattern. Then clean with alcohol and leave to dry.



**8** Apply two coats of the Glossy Varnish & rebake following the manufacturer's instructions.